

# NEW LIFE



**NEW LIFE HOME TRUST**  
Giving Compassionate Care To Vulnerable Children

NAIROBI - KENYA

May 2010

## News

### **NEW LIFE HOME-TRUST** A NAIROBI, KISUMU, NAKURU, NYERI **INSIGHT**

#### **A UK TRUSTEE'S VIEW: A VISIT TO NEW LIFE HOMES**



*David and his wife Pauline during their visit*

#### **INSIDE STORY:**

A Day In The Life Of  
A New Life Home  
Care-giver

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Question:  
What Is Most Important For  
A Care Givers' Work With Children?

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It is a few years since my wife and I made a visit to the New Life Homes. We felt time had come to gain first hand experience of the charity's work on the ground. I can honestly say that it was a life changing experience when you see for yourself the loving care, and the close family environment in which the children are being brought up –you cannot help but be impressed and moved.

New Life Home Trust mission of 'Caring with Compassion' is clearly a great success, as the children themselves demonstrate. They are smart, polite and obedient. They are always healthily interested in visitors and keen to make new friends.

*... continued on page 2*

## A DAY IN THE LIFE OF A NEW LIFE HOME CARE-GIVER

New Life Home care-givers are well settled into their different roles with over 180 children safely ensconced in their care. Fridah Nyaboke shares a snapshot view of a day in her life. As a care-giver at New Life Home, I get to work by seven o'clock in the morning to wake the children, especially the ones that go to school, so that they get ready—since some of them don't want to get up that early.

After they have washed and dressed, I check all the time whether everything is in place. Is the school uniform properly put on? Their hair combed? And so on. Breakfast is already on the table and everybody has something to eat. By the time the school van arrives, every school going child must be neat and tidy with his/her school bag. I also have to stay outside and ensure they get into the school van safely with their school bags. Otherwise they leave them on the table or elsewhere.

We take time to teach the toddlers who are left behind. Learning alphabets, reading and writing is introduced to these children before they are formerly introduced to kindergarten.

We are sensitive towards each child's development and support, integrating child development objectives into their daily activities.

As care-givers, we have to cooperate by alternating our routines. Some prepare the toddlers' food while others stay with the children. There are days when children are taken for a walk to the nearby shopping centre. The volunteers and the students undertaking their community work at the Trust assist the care-givers to ensure the children enjoy their time out.

As professional care-givers ,

## A UK TRUSTEE'S VIEW: A VISIT TO NEW LIFE HOMES LET'S GO KENYA!

*... continued from front page*

After our two day stay at the Kilimani home in Nairobi, we set off to New Life Home –Nyeri .The home lies just outside the town of Nyeri in a quiet rural setting of open fields. The home opened its doors in 2008 and has continued to expand over the years and consists of 17 children.

We were taken for a tour by the home's administrator and everywhere we went; we were greeted politely with beaming smiles, which so often collapsed into uncontrollable mirth.

As we were about to leave the children's home, the day was just ending and it was lovely to see the children wending back to their rooms. Tired but still smiling and giggling and with

the care givers helping the little ones along.

Our Kenyan excursion was coming to an end – it had proved a point that I had made on so many occasions before.....you can only fully appreciate what NLHT does for over 180 orphaned and abandoned children by going and experiencing it yourself. You may or may not find it emotional- but you will certainly be impressed ! The strong bonding between the children, care givers, the administrative team workers and the directors creates a heart warming environment. And so we said our farewells and set off to the UK.

*David Fellowes with Mercy Musyimi*

who give love, attention and support that a biological mother would, we attend various trainings and meetings – we learn about child care and also self improvement and we really enjoy it!! The goal is to continuously develop further our personal and professional skills thus ensuring best possible care for the children.

The New Life Home community is a network in which the care-givers find support and dialogue to perform their daily chores; be it from the Matron who is also our director, the Nurses ,or the home's Administrator.



*Fridah, with one of the children*



**Question:**  
**What is most important for your work with children?**

**Our Care Givers' answers...**



Working in the children ministry is a lovely work  
and it has blessings ~~and~~ joyful life  
Ariah

- ① my work is a calling
- ② I LOVE BABIES

JENESTER KANYAA

I love children because they bring me joy  
- Working with babies is fun

Christine

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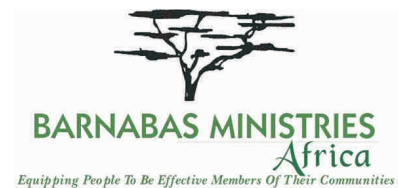
### KENYA REGISTRATIONS

New Life Home Trust - Registered Trustees- Reg. No. PS No. 758/1  
Ministry of Home Affairs and National Heritage-Charitable Institutions  
Ministry of Health - Private Medical Clinics  
Reg. No. 000156 (Kilimani) Reg. No. 001442 (Kisumu)

### REGISTERED CHARITIES

**UK** - BARNABAS MINISTRIES Africa & NEW LIFE HOME TRUST  
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